HAPPY HOUR FITNESS

Every Monday at 8 pm

January 14 - Cardio Dance
January 28 - Yoga
February 4 - Zumba
February 11 - Yoga
February 25 - War
March 4 - Cycle
March 18 - Step Aerobics
March 25 - Tone Up
April 1 - Yoga
April 8 - Tabata
April 15 - Zumba
April 29 - Cycle

Ava
Kira
Kaelyn
Wendy
Cassie
Josie
Lisa
Katie
MacKenzie
Shawn
Tiffany
Erica

CLASSES ARE FREE
AND TOPICS ROTATE EACH WEEK!