UND School of Medicine and Health Sciences
Walking Path
One lap equals one length of the North-South hallway.
All distances listed below = ¼ mile
Floor 1:
5 laps
Floor 2:
5 laps
(Admissions Office door/window area to south end of hallway)
Floor 3:
4½ laps
(½ lap stops at elevator)
Floor 4:
4½ laps
(½ lap stops at elevator)
Floor 5:
4½ laps
(½ lap stops at elevator)
UND School of Aerospace
Walking Path
One lap = Odegard to Skalicky
Distance of one lap = 0.25 miles (1/4 mile)
4 laps = 1 mile
UND.edu/workwell