The mission of Work Well is to advocate for a culture of wellness for UND faculty and staff through innovative engagement opportunities. The vision of the Work Well program is to have healthy, thriving employees and be an innovative national leader in worksite wellness.

Advisory Board: share expertise and knowledge of the group you represent to help shape Work Well’s programs, goals and objectives that support the mission.

Excused Absences: Robert Stupnisky

I. Minutes Approval

II. New Members/Updates
   a. Introduction of Andria Spaeth – new Work Well Coordinator
   b. Introduction of Board Members
   c. NDPERS – Currently still suspended

III. Strategic Plan
   a. Review of current Strategic Plans
   b. AHA Health Index – adjust programming increase score?
   c. Upcoming programming
      i. Wear Red Day – February 3rd, 2017
      ii. Health Screening – March 8th, 2017

IV. Stretch

V. Budget discussions
   a. Proposed cuts
      i. Adjust Work Well Coordinator Salary to show closer to actual $3490
      ii. Go from 3 to 2 Health Screenings per year (already started) $1800
      iii. Eliminate Massage Therapists at Spring Fling $720
      iv. Reduce event incentives $250
      v. Eliminate Weight Watchers and Metabolic testing reimbursement $650

VI. Adjournment

VII. 