Outdoor Adventures

Destination Guide

(North Dakota, South Dakota, and Minnesota)
# Outdoor Adventures – Greater Grand Forks

## The Greenway

<table>
<thead>
<tr>
<th><strong>Website</strong></th>
<th><a href="http://www.greenwayggf.com">www.greenwayggf.com</a></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Phone</strong></td>
<td>701-738-8746</td>
</tr>
<tr>
<td><strong>Location</strong></td>
<td>Grand Forks, North Dakota and East Grand Forks, Minnesota</td>
</tr>
<tr>
<td><strong>Distance from Grand Forks</strong></td>
<td>Inside City Limits</td>
</tr>
<tr>
<td><strong>Map</strong></td>
<td><a href="http://www.greenwayggf.com/greenway/Attachments%20&amp;%20links/Maps/FinalGreenwayMap_April2012.pdf">http://www.greenwayggf.com/greenway/Attachments%20&amp;%20links/Maps/FinalGreenwayMap_April2012.pdf</a></td>
</tr>
</tbody>
</table>

## Grand Forks’ Parks and Facilities

<table>
<thead>
<tr>
<th><strong>Website</strong></th>
<th><a href="http://www.gfparks.org/parksfacilities.htm">www.gfparks.org/parksfacilities.htm</a></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Phone</strong></td>
<td>701-973-2711</td>
</tr>
<tr>
<td><strong>Location</strong></td>
<td>Grand Forks, North Dakota</td>
</tr>
<tr>
<td><strong>Distance from Grand Forks</strong></td>
<td>Inside City Limits</td>
</tr>
</tbody>
</table>
East Grand Forks’ Parks and Recreation

Website

Phone
218-773-8000

Location
East Grand Forks, Minnesota

Distance from Grand Forks
Across the Red River
<table>
<thead>
<tr>
<th><strong>Outdoor Adventures – North Dakota</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Turtle River State Park</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Website</strong></td>
<td><a href="http://www.parkrec.nd.gov/parks/trsp/trsp.html">www.parkrec.nd.gov/parks/trsp/trsp.html</a></td>
</tr>
<tr>
<td><strong>Phone</strong></td>
<td>701-594-4445</td>
</tr>
<tr>
<td><strong>Location</strong></td>
<td>Arvilla, North Dakota</td>
</tr>
<tr>
<td><strong>Activities</strong></td>
<td>Camping, Hiking, Mountain Biking, Cross Country Skiing, Fishing, Snowshoeing, and Sledding</td>
</tr>
<tr>
<td><strong>Distance from Grand Forks</strong></td>
<td>22 Miles (27 Minutes)</td>
</tr>
<tr>
<td><strong>Directions and Map</strong></td>
<td><a href="http://goo.gl/maps/R9Me0">http://goo.gl/maps/R9Me0</a></td>
</tr>
<tr>
<td><strong>Larimore Dam Recreation Area</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Website</strong></td>
<td><a href="http://www.gfcounty.nd.gov/?q=node/51">www.gfcounty.nd.gov/?q=node/51</a></td>
</tr>
<tr>
<td><strong>Phone</strong></td>
<td>701-343-2078</td>
</tr>
<tr>
<td><strong>Location</strong></td>
<td>Larimore, North Dakota</td>
</tr>
<tr>
<td><strong>Activities</strong></td>
<td>Camping, Biking, Fishing, and Boating</td>
</tr>
<tr>
<td><strong>Distance from Grand Forks</strong></td>
<td>28 Miles (34 Minutes)</td>
</tr>
<tr>
<td><strong>Directions and Map</strong></td>
<td><a href="http://goo.gl/maps/npvR0">http://goo.gl/maps/npvR0</a></td>
</tr>
</tbody>
</table>
### Grahams Island State Park

**Website**  
www.parkrec.nd.gov/parks/gisp/gisp.html

**Phone**  
701-766-4015

**Location**  
Devils Lake, North Dakota

**Activities**  
Camping, Boating, Fishing, Cross Country Skiing, and Hiking

**Distance from Grand Forks**  
105 Miles (1 Hour and 48 Minutes)

**Directions and Map**  
http://goo.gl/maps/MyYQt

### Icelandic State Park

**Website**  
www.parkrec.nd.gov/parks/isp/isp.html

**Phone**  
701-265-4561

**Location**  
Cavalier, North Dakota

**Activities**  
Camping, Boating, Swimming, Fishing, Cross Country Skiing, and Hiking

**Distance from Grand Forks**  
88 Miles (1 Hour and 26 Minutes)

**Directions and Map**  
http://goo.gl/maps/fPA1P
## Fort Ransom State Park

**Website**  
www.parkrec.nd.gov/parks/frsp/frsp.html

**Phone**  
701-973-4331

**Location**  
Fort Ransom, North Dakota

**Activities**  
Camping, Mountain Biking, Cross Country Skiing, Hiking, and Snowshoeing

**Distance from Grand Forks**  
162 Miles (2 Hours and 44 Minutes)

**Directions and Map**  
http://goo.gl/maps/LiA1i

## Sheyenne National Grassland

**Website**  
www.ransomcountynd.com/index.asp?Type=NONE&SEC=%7b05B67B83-EC26-4A5B-855F-43D5D61CE444%7d

**Location**  
East of Lisbon, North Dakota

**Activities**  
Camping, Hiking, and Biking

**Distance from Grand Forks**  
138 Miles (2 Hours and 18 Minutes)

**Directions and Map**  
http://goo.gl/maps/Wbiel
Kellys Slough National Wildlife Refuge

**Website**
www.fws.gov/refuges/profiles/index.cfm?id=62583

**Location**
Northwest of Grand Forks, North Dakota

**Activities**
Wildlife Viewing

**Distance from Grand Forks**
16 Miles (28 Minutes)

**Directions and Map**
http://goo.gl/maps/RPlNp

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**Additional Trails and Recreational Areas**

**Red River State Recreational Area**

**Website**
www.dnr.state.mn.us/state_parks/red_river/index.html

**Red River of the North State Water Trail**

**Website**
www.dnr.state.mn.us/watertrails/redriver/index.html

**Red Lake River State Water Trail**

**Website**
www.dnr.state.mn.us/watertrails/redlakeriver/index.html

**North Country National Scenic Trail**

**Website**
www.northcountrytrail.org

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For more information about parks and recreation in North Dakota, please visit www.parkrec.nd.gov.
### Sica Hollow State Park

**Website**
www.gfp.sd.gov/state-parks/directory/sica-hollow

**Phone**
605-448-5701

**Location**
Sisseton, South Dakota

**Activities**
Camping, Hiking, and Cross Country Skiing

**Distance from Grand Forks**
174 Miles (2 Hours and 46 Minutes)

**Directions and Map**
http://goo.gl/maps/z8kby

### Roy Lake State Park

**Website**
www.gfp.sd.gov/state-parks/directory/roy-lake

**Phone**
605-448-5701

**Location**
Lake City, South Dakota

**Activities**
Camping, Boating, Hiking, Swimming, Fishing, Cross Country Skiing, and Disc Golf

**Distance from Grand Forks**
189 Miles (2 Hours and 49 Minutes)

**Directions and Map**
http://goo.gl/maps/RJEEG

For more information about parks and recreation in South Dakota, please visit www.gfp.sd.gov.
### Old Mill State Park

**Website**  
www.dnr.state.mn.us/state_parks/old_mill/index.html

**Phone**  
218-437-8174

**Location**  
Argyle, Minnesota

**Activities**  
Camping, Hiking, Snowshoeing, Cross Country Skiing, and Fishing

**Distance from Grand Forks**  
47 Miles (1 Hour and 7 Minutes)

**Directions and Map**  
http://goo.gl/maps/V2aZB

### Lake Bronson State Park

**Website**  
www.dnr.state.mn.us/state_parks/lake_bronson/index.html

**Phone**  
218-754-2200

**Location**  
Lake Bronson, Minnesota

**Activities**  
Camping, Hiking, Mountain Biking, Snowshoeing, Boating, Fishing, Swimming, and Cross Country Skiing

**Distance from Grand Forks**  
93 Miles (1 Hour and 34 Minutes)

**Directions and Map**  
http://goo.gl/maps/2k0Us
Hayes Lake State Park

Website
www.dnr.state.mn.us/state_parks/hayes_lake/index.html

Phone
218-425-7504

Location
Roseau, Minnesota

Activities
Camping, Hiking, Mountain Biking, Boating, Fishing, Swimming, Snowshoeing, and Cross Country Skiing

Distance from Grand Forks
116 Miles (2 Hours and 18 Minutes)

Directions and Map
http://goo.gl/maps/G02no

Buffalo River State Park

Website
www.dnr.state.mn.us/state_parks/buffalo_river/index.html

Phone
218-498-2124

Location
Glyndon, Minnesota

Activities
Camping, Hiking, Fishing, Swimming, Snowshoeing, and Cross Country Skiing

Distance from Grand Forks
100 Miles (1 Hour and 34 Minutes)

Direction and Map
http://goo.gl/maps/8KWfL
## Maplewood State Park

**Website**  
www.dnr.state.mn.us/state_parks/maplewood/index.html

**Phone**  
218-863-8383

**Location**  
Pelican Rapids, Minnesota

**Activities**  
Camping, Hiking, Boating, Canoeing, Fishing, Swimming, Snowshoeing, and Cross Country Skiing

**Distance from Grand Forks**  
136 Miles (2 Hours and 12 Minutes)

**Directions and Map**  
http://goo.gl/maps/DhSwv

## Glendalough State Park

**Website**  
www.dnr.state.mn.us/state_parks/glendalough/index.html

**Phone**  
218-864-0110

**Location**  
Battle Lake, Minnesota

**Activities**  
Camping, Hiking, Canoeing, Fishing, Swimming, Snowshoeing, and Cross Country Skiing

**Distance from Grand Forks**  
165 Miles (2 Hours and 35 Minutes)

**Directions and Map**  
http://goo.gl/maps/iYXKF
**Lake Carlos State Park**

**Website**
www.dnr.state.mn.us/state_parks/lake_carlos/index.html

**Phone**
320-852-7200

**Location**
Carlos, Minnesota

**Activities**
Camping, Hiking, Boating, Canoeing, Fishing, Swimming, Snowshoeing, and Cross Country Skiing

**Distance from Grand Forks**
191 Miles (3 Hours and 1 Minute)

**Directions and Map**
http://goo.gl/maps/QvXny

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**Itasca State Park**

**Website**
www.dnr.state.mn.us/state_parks/itasca/index.html

**Phone**
218-699-7251

**Location**
Park Rapids, Minnesota

**Activities**
Camping, Hiking, Biking, Boating, Canoeing, Fishing, Swimming, Snowshoeing, and Cross Country Skiing

**Distance from Grand Forks**
122 Miles (2 Hours and 13 Minutes)

**Directions and Map**
http://goo.gl/maps/4MuaT
## Lake Bemidji State Park

<table>
<thead>
<tr>
<th><strong>Website</strong></th>
<th><a href="http://www.dnr.state.mn.us/state_parks/lake_bemidji/index.html">www.dnr.state.mn.us/state_parks/lake_bemidji/index.html</a></th>
</tr>
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<tbody>
<tr>
<td><strong>Phone</strong></td>
<td>218-308-2300</td>
</tr>
<tr>
<td><strong>Location</strong></td>
<td>Bemidji, Minnesota</td>
</tr>
<tr>
<td><strong>Activities</strong></td>
<td>Camping, Hiking, Mountain Biking, Boating, Fishing, Swimming, Snowshoeing, and Cross Country Skiing</td>
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<td><strong>Distance from Grand Forks</strong></td>
<td>118 Miles (2 Hours and 7 Minutes)</td>
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## Additional Trails and Recreational Areas

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<th><strong>North Country National Scenic Trail</strong></th>
<th>Website</th>
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<tr>
<th><strong>La Salle Lake State Recreation Area</strong></th>
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<tbody>
<tr>
<td></td>
<td><a href="http://www.dnr.state.mn.us/state_parks/la_salle_lake/index.html">www.dnr.state.mn.us/state_parks/la_salle_lake/index.html</a></td>
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<tr>
<th><strong>Mississippi River State Water Trail</strong></th>
<th>Website</th>
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<tbody>
<tr>
<td></td>
<td><a href="http://www.dnr.state.mn.us/watertrails/mississippiriver/index.html">www.dnr.state.mn.us/watertrails/mississippiriver/index.html</a></td>
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<tr>
<th><strong>Paul Bunyan State Trail</strong></th>
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<tbody>
<tr>
<td></td>
<td><a href="http://www.dnr.state.mn.us/state_trails/paul_bunyan/index.html">www.dnr.state.mn.us/state_trails/paul_bunyan/index.html</a></td>
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<table>
<thead>
<tr>
<th><strong>Heartland State Trail</strong></th>
<th>Website</th>
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<tbody>
<tr>
<td></td>
<td><a href="http://www.dnr.state.mn.us/state_trails/heartland/index.html">www.dnr.state.mn.us/state_trails/heartland/index.html</a></td>
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For more information about parks and recreation in Minnesota, please visit [www.dnr.state.mn.us](http://www.dnr.state.mn.us).