Meals

First Quarter
6:00 a.m. to 11:59 a.m.
• Travel must begin before 7:01 a.m.

Second Quarter
12:00 noon to 5:59 p.m.
• Travel must begin before 1:00 p.m.
• If travel is completed before noon, no reimbursement

Third Quarter
6:00 p.m. to 11:59 p.m.
• Travel must begin before 7:00 p.m.
• If travel is completed before 6:00 p.m., no reimbursement

Fourth Quarter — 12:00 a.m. (midnight) to 5:59 a.m.
Pertains to lodging expenses only